DO YOUR PART!

The Department of Public Health and your local health department are working to make sure that you are safe during an emergency. You should also do your part to prepare you and your family for an emergency.

For more information on mass dispensing and preparing for an emergency, please visit the following websites:

Department of Public Health
http://www.ct.gov/dph

Department of Emergency Management and Homeland Security
http://www.ct.gov/demhs

Centers for Disease Control and Prevention
http://emergency.cdc.gov/preparedness/

If you are interested in helping, please contact your local health department.

Keeping Connecticut Healthy
410 Capitol Avenue
Hartford, CT 06134-0308
Phone: 860-509-8000
www.ct.gov/dph
What is Mass Dispensing?

Mass dispensing is when medicine is given to a lot of people at one time to protect them from getting sick. In some cases, you may be told to come by yourself; in other cases, you may be told to bring your family. You will be notified through the television, radio, or newspaper if and when you have to do this.

It is important that you do your part to be ready.

- Contact your local health department to know where your mass dispensing site is.
- Keep this information handy so that you know where it is in case of an emergency.
- Have a plan for you and your family in case of an emergency.

What Can I Expect At A Mass Dispensing Site?

A mass dispensing site is a place where medicine will be given out quickly and to a lot of people. Mass dispensing sites are also called “points of distribution” or PODs. There are more than 70 mass dispensing sites in Connecticut.

When you get to the mass dispensing site, you will have to wait in line. Please listen to the people working there to learn what to do.

If you are told to come by yourself, you must know your family’s medical information. Write down the information ahead of time so you have it ready. You should know:

- Allergies you or your family members have;
- Medicines you or your family members are taking;
- Serious illnesses you or your family members have; and,
- If you have children, their age and weight.

After you get your medicine and go home, listen to local news reports for information on the emergency and anything else you need to do.

What will I get at the mass dispensing site?

- Medicine (pills, shots) that you need.
- Information on the medicine, like side effects and how to take it.

Where is my nearest mass dispensing site?

- Call your local health department to find out where your local mass dispensing site is.
- Mass dispensing sites will not be at hospitals or clinics and may be at a school or meeting hall.
- Listen to local news reports to find out when the mass dispensing sites will be open.

What should I bring to a mass dispensing site?

- Picture identification.
- Medical information including any allergies, serious illnesses, or medicines that you are taking.
- If you have children, know their age and weight.