

**HEALTH AND WELLNESS COALITION
CHESHIRE CHAMBER OF COMMERCE IN PARTNERSHIP
WITH CHESPROCOTT HEALTH DISTRICT**

BRINGS YOU.....

A FREE MORNING OF MOVEMENT AT THE FALL FESTIVAL

JOIN US FROM 9-10:45 AT BARTLEM PARK

ON SEPTEMBER 14TH

BRING YOUR OWN MAT, TOWEL AND WATER

CLASS LEAD BY

BE HERE NOW YOGA 9:00-9:45AM

&

JAZZERCISE OF HAMDEN 10-10:45



**CHESPROCOTT
HEALTH DISTRICT**