



**Ask a Question
Save a Life**

**Question, Persuade, and Refer (QPR)
Suicide Prevention Gatekeeper Training Opportunity**

QPR stands for Question, Persuade, and Refer

3 simple steps that anyone can learn to help save a life from suicide.
People trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

In just 90 minutes learn how to recognize and respond to someone at risk of suicide and get them to the help they need.

October 2, 2019 at 1p.m.-2p.m.

OR

October 9, 2019 at 6:30p.m.-8p.m.

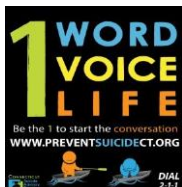
Both training will be held at the

Cheshire Public Library

195 S Main St #2, Cheshire, CT 06410

R.S.V.P. by Sept. 27th

203-272-2245



This training opportunity is made available to you and your organization at no cost through funding by the CT Garrett Lee Smith Youth Suicide Prevention grant (SAMHSA Grant: SM062916). Materials and certificates provided by © QPR Institute 2011.